



Winter Work

Working & Travelling in Winter

Safety doesn't end at the work site. Potential incidents can follow us to and from work, but are typically easily mitigated with a small amount of foresight and preparation.

Prepare yourself and your vehicle and make sure people know your plans.



Working Outside

Working in Canada is a year round affair and having the proper approach to working outside is crucial for your safety and performance.

- Use the right footwear and traction aids for the task to ensure you have the appropriate grip.
- Have adequate insulation and/or dress in layers. Ensure the integrity of your PPE is not compromised or creates an unaddressed hazard related to adapting to the cold temperature.
- Take some extra time to adjust to the change in temperature when first going outside before starting work.
- Take regular breaks to go inside of a warm vehicle or building.
- Avoid working alone in cold weather.

Travelling in Winter

We use our vehicles every day making it easy to take them and our travels for granted. Winter carries the need for extra precautions to be followed for safe travels.

- Use the appropriate tire types for the conditions and maintain proper air pressure.
- Having a winter survival kit in your vehicle is beneficial to better prepare you if you become stranded.
- Keep your windshield, windows and lights clear of all snow and ice to improve visibility.
- Turn your lights on at all times as daylight and general visibility is much less in winter conditions.
- Check weather forecasts and drive according to the road conditions.



Have a Journey Management Plan.

Let your supervisor (or loved one) know of your route, when you leave, when you plan to get there, and when you arrive.

